

Englewood Shell Club

The Shell Scoop – Shell Seekers

November 2013
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www.EnglewoodShellClub.org



Newsletter Editor – MaryLinda Coward
escnewsletter@aol.com



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Seashells on Sand by Grant Cochrane

Image courtesy of FeeDigitalPhotos.net

President's Message¹ – Debbie Freeman

The shelling season has officially begun, and we are off to a great start. At our first meeting we had beautiful shell craft displays made by various members, as well as scientific shell displays. Ribbons were given for the shoebox shell displays. First place was Linda Hamilton, second place was Kathy Schley, and the third ribbon went to Anita Wilson. A big thank you to everyone who took the time to make all of the shell related items and bring them to show the club. Keep up the great work!



President's Message Con't.



Please be sure to wear your ESC Name Tags at the General Meetings and other club functions.

Our club continues to grow and this will help new and current members get to know each other and remember member's names.

Our ShellCrafters group has had a change of venue. Beginning in November we will be meeting at the Elks Lodge. See our website calendar or newsletter <http://englewoodshellclub.org> for dates, time, and the project for that month.

Just a reminder that the February Study Group has been changed from the 3rd. To the 10th of February. All members are welcome to come and learn. Bring any shells you need help identifying, or any shell topics you might like to explore.

We have a bus trip to the Broward Shell Show scheduled for January 18. This is an all day trip, and we need to have at least 30 members signed up to go by December 30 to make this trip. Please check your calendar to see if you can join in the fun.

The Englewood Shell Club has been decorating the Christmas tree at Cedar Point Park since our club was formed. On December 6, at 10:00 a.m. We will be hanging our pretty shell decorations on the tree. All are welcome. Even if you are unable to help, please stop by and view this beautiful tree. On January 3 we will be removing our decorations and need volunteers to help. There will be sign-up sheets at the general meeting.

Our Board and Chairpersons work very hard all year round to make your shelling season a good one. There is always so much to do to keep things running smoothly. Please keep this in mind and offer to help. A thank you is always welcome, but we need more than nice words. We need the support of helping hands. That means you!

There will not be a December Shell Scoop, so this is my chance to wish you all a safe and happy holiday, and the very best for the new year!



Newsletter Editor – MaryLinda Coward



Halloween has come and gone and now it's prep time for the upcoming Holiday Season and all the joy and stress that comes with it. Yes, stress is part of our everyday lives and stress can be good.

How's that you may ask? Well, new research (and we love hearing about new research) shows it's not the stress level you experience that affects you, but rather how you think about the stress that is ultimately beneficial or harmful. This isn't exactly new information. Remember Shakespeare's wisdom that "There is nothing either good or bad, but thinking makes it so"?

Stress is a burst of energy that basically advises you what to do. Stress may have many advantages. For instance, stress can help you meet daily challenges and motivates you to reach your goals. In fact, stress can

help you accomplish tasks more efficiently and can even help boost memory. Speaking for myself, any help to boost memory is great!

However, stress can also be bad if it causes detrimental health, financial or relationship issues.

As you prepare for the upcoming holidays, keep in mind some ideas that may help you with the stress that is as sure to come as TV and commercials for "*Black Friday*" bargains.

- Prioritize what's important – you only have so much capacity and energy; so spend it on what's important to you.
- Learn to say 'no' to things you don't want to do or you cannot find the time to do and don't feel guilty about saying 'no'





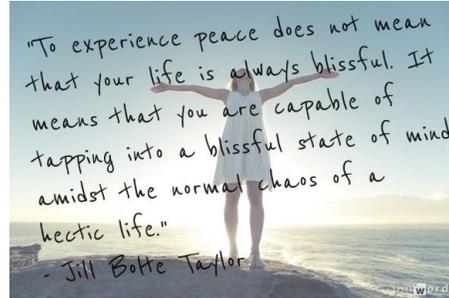
- Take time for yourself – beach walks with Darlene are highly recommended!
- Embrace your spirituality.
- Keep your body and mind rested and nourished.

Remember the club's email account for club members to communicate any changes for your phone numbers, email or snail mail addresses or to provide comments for the Board or Chairpersons. If you change your email; be sure to drop me a line so I can keep your contact information current.



As a reminder, there will not be a December newsletter. The next edition will be January 2014. I wish you all a happy holiday season however you celebrate with old or new traditions.

Email is: escnewsletter@aol.com
Happy Shelling! MaryLinda



**NEW LOCATION STARTING
NOVEMBER 2013**

Shell Crafters

Sandy Ouderkirk, Jan Plummer, & Leslie Furmage

NEWEST LOCATION FOR SHELL CRAFTERS THIS YEAR. MEETINGS WILL BE HELD AT ELKS LODGE

Due to a change in management and staff at St. David's Episcopal Church, it was necessary to find a new site for our classes. We were fortunate to find space at the Elks Club, which will make it easy for our members to find the classes. As always, the cost of these classes is \$7.00, and at times there are additional charges for materials the instructors provide.

On the road again

Our first Shell Crafters of 2014 was a big success. We had a class of eleven working on bird houses and initials. Check out the Club's photo album for some pictures taken at this event.



November 22 – 9:00 – 12:00 noon
Christmas Ornaments and Trees Bring a Styrofoam tree, and any special shells you will need for your project(s).



December 13 -9:00 a.m. – 12:00 noon.

December's craft project will be an angel, which our new member, Candy Niziol, has volunteered to demonstrate. You are also welcome to work on a project of your choice. If you decide to do the angel, you will need to bring your supplies that include:

- Jewel box shells
- 9" or 19" Styrofoam cone
- white Styrofoam ball – size depends on size cone you choose
- 2 angel wings, 5"to 6"
- 19" cone
- 3-4"-9" cone
- 12" minimum cloth wire (used for flower making)



January 24 – Coquina Necklaces Lead by Linda Maggiore Materials will be supplied, and a small additional fee will be charged for materials. If you have coquina shells, please bring them. The Club has some but not enough for this project.

February 21 – Candle Holder Lead by Jan Plummer

March 21 – Glass Blocks Lead by Eunice Herr

We are always looking for new craft ideas, so please feel free to offer suggestions or offer to lead a class



sandioud@yahoo.com

🌹ESC Merchandise Presented By Anita Larochelle and Michelle Roy 🌹



LET'S GO SHOPPING AT ESC



Holiday shopping is upon us. What better place to shop than at the ESC Merchandise Table at the monthly general meetings? Anita and Michelle are pleased to provide you with many options to support and promote your ESC Club.

You never know when a spare luggage tag will come in handy and they make it easy to spot and pick out your bag amongst the look-alike bags you'll find at the airports.

Before heading to the mall this season, consider shopping 'locally'. You can't get any more local than your ESC Merchandise Table. Drop by each month to see what new items may have been added to the inventory.

Here's a list of the items that will be available for you to see and purchase at the general meetings

LUGGAGE TAGS	\$ 7.00
WHELK PIN	\$ 3.00
E.S.C. VISOR	\$10.00
E.S.C. HAT	\$12.00
SPECIMEN BOX	\$.25
or 5 for \$1.00	
T-SHIRTS	\$10.00
Sizes come in SM, MED, LG, XLG,	
OUT OF MY SHELL BOOK	
by Peter Dance	\$5.00

Pictures of items will soon be available on the website.

❄️ESC Library News – LeeAnn Bowers❄️

Drop by and welcome LeeAnn to her new volunteer role as our club 'librarian'. The ESC library is open at each general meeting for use by club members. Books may be checked out and returned in a timely fashion. There are many books to choose from including books to help you identify shells or create shell projects. Stop by and see what books are available.



❄️ESC Study Group – Debbie Freeman❄️

Final 2013 Study Group meeting will be December 9, 2013 at the home of Debbie Freeman. Whether you are a new ESC member or have been an ESC member for a while, you may need some assistance or maybe you can help others in identifying shells or learn more about new ones. That's what the ESC Study Group is all about. The ESC Study Group meets monthly from 1:00 p.m. – 4:00 p.m. at

the home of Debbie Freeman. Dates may vary due to obligations, but as a rule we meet the first Monday of the month.

2014 Study Group meetings start on January 6. The February meeting has moved from February 3 to February. 10. Be sure to make your calendar on this date change. Additional meetings will be held March 3, and April. 7. If you have questions, or need directions email Debbie at: shellady@me.com or call 473-3359.

The goal of the Study Group is to help with shell identification, and to further our knowledge of shelling as a whole. This informal group is open to all members. If you have a shelling adventure, or have heard of something shell related that you found interesting, be sure to bring it, along with any shells you need help identifying. Because many members are not here in early October we are combining that meeting with the November meeting.

For new ESC members' information, The ESC Study Group was started many years ago by our club founder, and past president, Barbara Myers. Past President of the COA, Dick Forbush, also joined the Study group and provided his expertise until his retirement. The Study group started as a small group, but with our membership growing by leaps and bounds so has the attendance at our study group meetings.

ESC Outreach Program

ESC Outreach Committee members along with volunteers are actively available to begin this season's presentations throughout our area as a public service. Our presentations highlight mollusks and their beautifully created shells plus awareness of the local Gulf shore environment. Membership as part of outreach team does not require commitment to every scheduled program. ESC members are of major importance to these opportunities for sharing our interest, enjoyment, and knowledge as we interact with those who attend each event. Any current member is welcome to join us as a temporary volunteer. If you know of a group that would like to invite an outreach discussion concerning collection, displaying and caring for shells to their gathering, please let them know about the ESC Outreach program.

Contact Co-chairs Amie Barnicle at 941-473-2247 or Jane Guy 941-492-4960 for more information or to request an Outreach program.

Carefree Learner January 2 and January 31, 2014



We have two Carefree Learner trips scheduled this season. On January 2, 2014 there will be a minus .65 tide - you don't want to miss this one! We will depart promptly at 7:15 a.m. from Marina Jacks, Sarasota. We will sail again on Jan. 31, which is a minus .6 tide, departing at 7:45 a.m. Please get there 10 minutes early!

There are only 24 seats and these trip fills quickly. Your name will not be put

on the list until we have your check. The cost is \$14.00, and covers tips

We will be out on the sand flats for 2 to 3 hours. Wear layers! It will be cold on our boat trip out. Shoes are a must! Wear water shoes or shoes you don't mind getting wet and muddy. Any questions please email Debbie: Shellady@me.com.

Don't forget a phone number. If the trip is canceled due to weather Debbie will need to be able to reach you!



Beach Walk Update from Darlene Gallentine

Here's the beach walk locations for this season:

November 13 -10:00 a.m. Boca Grande Beach	January 8 –10:00 a.m. Englewood Beach
December 11-10:00 a.m. Manasota Beach North End	February 12 – 10:00 a.m. Stump Pass
	March 12 – 10:00 a.m. Boca Grande

Be sure and check out the pictures from previous beach walks in the Club's photo album cloud accessible from the main page:

<http://www.Englewoodshellclub.org/photos/index.html>

2013 - 2014 Programs

Tuesday, November 19

Speaker: Dr. Jose Leal

The New Deep-sea Mollusks Exhibit at the Shell Museum



Dr. José H. Leal is the curator and director of education with The Bailey-Matthews Shell Museum. He was director of that institution between February 1996 and August 2013. Under his leadership, in March 2010 the Museum was awarded its first accreditation from the American Association of Museums. His area of specialization is systematics of marine mollusks. Dr. Leal received his B.S. in Marine Biology and M.S. in Invertebrate Zoology both from the Federal University of Rio de Janeiro, Brazil. He holds a Ph.D. in Marine Biology and Fisheries from the University of Miami.

Dr. Leal was a Visiting Professor at the Muséum National d'Histoire Naturelle, in Paris, and Postdoctoral Fellow at the Smithsonian Institution's National Museum of Natural History.

Dr. Leal holds honorary faculty positions at the University of Miami and Florida Gulf Coast University, where is also an affiliate member of the Coastal Watershed Institute. He is also a past president (2003-2004) of the American Malacological Society, President of Conchologists of America (COA) (2012-2014), a board member of the Florida Association of Museums, and editor of The Nautilus.

We are honored to have Dr. Leal present to the ESC members. Using the new Museum exhibit as reference, Dr. Leal will present an overview of the unusual environments of the deep and the mollusks that inhabit them.



Excursions
Ruth Middlebrooks, Marilyn Boyd,
Carol Ayers, Debbie Freeman

EGMONT KEY -- On November 7th, a bus will take us to Egmont Key. This island

is located at the mouth of Tampa Bay and is primarily a wildlife refuge but is also a place to find shells along the secluded and pristine beaches. It is accessible only by private boat. We will have a chartered boat to take us to the island and return to pick us up for our return trip. The trip will be from 7AM to 4PM. The fee of \$49 includes the bus cost and the boat cost. The maximum number of members for this trip is 45 people. For those wishing to make reservations, phone Ruth at 941-474-4538.

SANIBEL ISLAND -- March 5-6, 2014. We will be traveling to the Sanibel Shell Show and staying at The Holiday Inn. Rates are \$75 per person per night with 4 people to a room.

You don't want to miss this trip so be sure to sign up by the January 2014 meeting. Marilyn Boyd is the contact for this car trip. Any question, please contact Marilyn at (941-474-2500).

Broward Shell Show - Bus Trip January 18, 2014



The Broward Shell Club is having their annual shell show Saturday, January 18, 2014 in Pompano Beach. Debbie Freeman is planning a day long bus trip to the show. All Around Charters will pick ESC members up at the Elks Club Lodge on January 18, at 7:00 a.m. We will spend 5 hours at the show. Brown bag for lunch, and arrive back in Englewood around 7:00 p.m. We need 40 people to make the trip a go so look at your calendar, grab an ESC friend and book your spot. This should be a great one day outing so don't miss out. The cost per person is \$45.00. There will be a sign-up sheet at the October general meeting. See Debbie Freeman for more information.

Community Christmas Tree Decorated by Englewood Shell Club



Every year the club has the privilege of decorating a Christmas tree at Cedar Point Park, 2300 Placida Road, Englewood. The tree is decorated with nothing but shell ornaments which have been donated or handmade by club members. The fun starts at 10:00 a.m. on December 6. And don't forget to stop by the tree sometime during the month of December and bring your friends and family to enjoy. This tree is both unique and beautiful. And of course, there's also the dismantle gathering on January 3, 2014. Sign up for both events at the November general meeting.



Christmas Luncheon



This year's luncheon will be Tuesday, December 10th at 12:00 noon at the Manasota Beach Club which is located at 760 Manasota Beach Rd. The cost is \$22.00. Anyone interested in attending can sign up and pay at the November general meeting or mail a check to Pam Orozco made out to ESC. c/o Pam Orozco, 950 Elwood Ave., Englewood, FL. 34223.

There will also be an optional gift exchange. If you wish to be part of the luncheon gift exchange bring a shell related wrapped gift (\$15.00 limit). This is optional. You can only pick a gift if you bring a gift.

DON'T FORGET TO MAKE
YOUR RESERVATION NOW
TO ATTEND THE ANNUAL ESC
CHRISTMAS LUNCH!

Tuesday, December 10
12:00 NOON
Manasota Beach Club

DEADLINE IS NOVEMBER
30TH



Pam needs to have your checks no later than November 30th so mark your calendar and let Pam know you are ready to start the holiday celebrations by attending the ESC lunch.

Welcome New Members



A warm welcome to our new club members: Ann Marie Donatini and Rhonda Burrell. We look forward to getting to know each of you at our fun outings and meetings.



Membership Dues 2013 - 2014



Your 2013-2014 ESC membership dues are now due. Be sure to submit your membership dues and application for inclusion in the ESC 2013-2014 Club Membership listing which will be updated by our membership Chair and available on the Clubs' website under the secure "Members Only" section in January 2014. If you have any updates, email them to ESCnewsletter@aol.com.

